

Module 69 Practice Quiz

Multiple Choice

Identify the choice that best completes the statement or answers the question.

- _____ 1. Saul frequently feels like he has a lump in his throat that makes it difficult for him to speak or swallow. Medical examinations, however, indicate that there is no apparent physical cause for these symptoms. Saul appears to be suffering from a
- generalized anxiety disorder.
 - dissociative disorder.
 - somatic symptom disorder.
 - mood disorder.
 - anxiety disorder.
- _____ 2. A conversion disorder is most likely to be characterized by
- alternations between extreme hopelessness and unrealistic optimism.
 - a continuous state of tensions, apprehension, and autonomic nervous system arousal.
 - offensive and unwanted thoughts that persistently preoccupy a person.
 - very specific physical symptoms that have no apparent physiological basis.
 - persistent, preoccupying thoughts that have no basis in reality.
- _____ 3. Misinterpreting normal physical sensations as symptoms of a dreaded disease is indicative of
- obsessive-compulsive disorder.
 - catatonia.
 - illness anxiety disorder.
 - mania.
 - post-traumatic stress disorder.
- _____ 4. Disruptions in conscious awareness and sense of identity are most characteristic of _____ disorders.
- bipolar
 - obsessive-compulsive
 - personality
 - generalized anxiety
 - dissociative
- _____ 5. Exhibiting two or more distinct and alternating personalities is a symptom of a(n)
- conversion disorder.
 - dissociative identity disorder.
 - obsessive-compulsive disorder.
 - antisocial personality disorder.
 - schizophrenia.

- _____ 6. A biological perspective would be LEAST helpful for explaining the
- prevalence of schizophrenia throughout the world.
 - fluctuations in mood experienced by those suffering a bipolar disorder.
 - fear of snakes experienced by a high percentage of Americans.
 - dramatic increase in reported cases of dissociative identity disorder during the past 40 or so years.
 - twin studies indicating high correlations in rates of psychological disorders between twins raised in different families.
- _____ 7. The psychologist who questioned whether DID is a genuine disorder is
- Susan Nolen-Hoeksema.
 - Kenneth Bianchi.
 - William James.
 - Nicholas Spanos.
 - Martin Seligman.
- _____ 8. Evidence that symptoms of dissociative identity disorder are triggered by the suggestions and leading questions of therapists most clearly points out the importance of _____ in the onset of this disorder.
- learned helplessness
 - repression
 - childhood sexual trauma
 - role-playing
 - motivational conflict
- _____ 9. Midori's therapist suggests that she developed a dissociative identity disorder as a way of protecting herself from an awareness of her own hatred for her abusive mother. The therapist's suggestion most directly reflects a _____ perspective.
- cognitive
 - social-cognitive
 - humanistic
 - biological
 - psychoanalytic
- _____ 10. Anorexia nervosa is typically characterized by
- an unusually high rate of metabolism.
 - cyclical fluctuations between extreme thinness and obesity.
 - frequent migraine headaches.
 - an obsessive fear of becoming obese.
 - binge-eating episodes.

- _____ 11. Bulimia nervosa is characterized by
- losses of 25 percent or more of normal weight.
 - episodes of overeating followed by vomiting.
 - the loss of regular menstrual periods.
 - lifelong obesity.
 - periods of unhealthy eating habits followed by starvation.
- _____ 12. Those who engage in spurts of excessive overeating, followed by remorse—but do not binge, purge, fast, or exercise excessively—are said to have
- binge-eating disorder.
 - anorexia nervosa.
 - bulimia nervosa.
 - neophobia.
 - set point.
- _____ 13. Anorexia patients are most likely to have parents who
- have physically abused their children.
 - are high-achieving and protective.
 - are able to afford adequate food supplies.
 - are unconcerned about physical appearance and body weight.
 - have difficulty expressing emotional attachments.
- _____ 14. Personality disorders are best described as
- symptoms of distress that are not caused by biological abnormalities.
 - disruptions in conscious awareness and sense of self-identity.
 - patterns of delusional and disorganized thoughts and feelings.
 - inflexible and enduring behavior patterns that impair social functioning.
 - prolonged periods of depressed mood or elevated/manic behavior.
- _____ 15. One cluster of personality disorders marked by dramatic or impulsive behaviors is exemplified by the _____ personality disorder.
- avoidant
 - schizoid
 - catatonic
 - histrionic
 - acute
- _____ 16. One cluster of personality disorders marked by anxiety is exemplified by the _____ personality disorder.
- schizoid
 - antisocial
 - avoidant
 - catatonic
 - histrionic

- _____ 17. One cluster of personality disorders marked by noticeably odd or eccentric behavior is exemplified by the _____ personality disorder.
- a. avoidant
 - b. narcissistic
 - c. schizoid
 - d. histrionic
 - e. paranoid
- _____ 18. Those with a narcissistic personality disorder are likely to be preoccupied with
- a. an irrational fear of people.
 - b. delusions of persecution.
 - c. physical symptoms of distress.
 - d. their own self-importance.
 - e. sexual fantasies.
- _____ 19. The distinctive features used to identify the three clusters of personality disorders are
- a. obsessions, compulsions, and delusions.
 - b. genetics, culture, and self-awareness.
 - c. optimism, pessimism, and perfectionism.
 - d. anxiety, eccentricity, and impulsivity.
 - e. depression, mania, and catatonia.
- _____ 20. An antisocial personality disorder is most likely to be characterized by
- a. delusions of grandeur.
 - b. a persistent, irrational fear of people.
 - c. episodes of intense autonomic nervous system arousal.
 - d. disruptions in conscious awareness and sense of identity.
 - e. a lack of guilt feelings.

Module 69 Practice Quiz

Answer Section

MULTIPLE CHOICE

1. ANS: C PTS: 1 DIF: Easy OBJ: Unit XII | 69-1
TOP: Somatic symptom and related disorders SKL: Conceptual/Application
2. ANS: D PTS: 1 DIF: Easy OBJ: Unit XII | 69-1
TOP: Somatic symptom and related disorders SKL: Factual/Definitional
3. ANS: C PTS: 1 DIF: Easy OBJ: Unit XII | 69-1
TOP: Somatic symptom and related disorders SKL: Factual/Definitional
4. ANS: E PTS: 1 DIF: Easy OBJ: Unit XII | 69-2
TOP: Dissociative disorders SKL: Factual/Definitional
5. ANS: B PTS: 1 DIF: Easy OBJ: Unit XII | 69-2
TOP: Dissociative identity disorder SKL: Factual/Definitional
6. ANS: D PTS: 1 DIF: Difficult OBJ: Unit XII | 69-2
TOP: Understanding dissociative identity disorder SKL: Conceptual
7. ANS: D PTS: 1 DIF: Easy OBJ: Unit XII | 69-2
TOP: Understanding dissociative identity disorder SKL: Factual/Definitional
8. ANS: D PTS: 1 DIF: Medium OBJ: Unit XII | 69-2
TOP: Understanding dissociative identity disorder SKL: Factual/Definitional
9. ANS: E PTS: 1 DIF: Medium OBJ: Unit XII | 69-2
TOP: Understanding dissociative identity disorder SKL: Conceptual/Application
10. ANS: D PTS: 1 DIF: Easy OBJ: Unit XII | 69-3
TOP: Eating disorders SKL: Factual/Definitional
11. ANS: B PTS: 1 DIF: Medium OBJ: Unit XII | 69-3
TOP: Eating disorders SKL: Factual/Definitional
12. ANS: A PTS: 1 DIF: Medium OBJ: Unit XII | 69-3
TOP: Eating disorders SKL: Factual/Definitional
13. ANS: B PTS: 1 DIF: Medium OBJ: Unit XII | 69-3
TOP: Eating disorders SKL: Factual/Definitional
14. ANS: D PTS: 1 DIF: Difficult OBJ: Unit XII | 69-4
TOP: Personality disorders SKL: Factual/Definitional
15. ANS: D PTS: 1 DIF: Difficult OBJ: Unit XII | 69-4
TOP: Personality disorders SKL: Factual/Definitional
16. ANS: C PTS: 1 DIF: Difficult OBJ: Unit XII | 69-4
TOP: Personality disorders SKL: Factual/Definitional
17. ANS: C PTS: 1 DIF: Difficult OBJ: Unit XII | 69-4
TOP: Personality disorders SKL: Factual/Definitional
18. ANS: D PTS: 1 DIF: Medium OBJ: Unit XII | 69-4
TOP: Personality disorders SKL: Factual/Definitional
19. ANS: D PTS: 1 DIF: Difficult OBJ: Unit XII | 69-4
TOP: Personality disorders SKL: Factual/Definitional
20. ANS: E PTS: 1 DIF: Easy OBJ: Unit XII | 69-4
TOP: Antisocial personality disorder SKL: Factual/Definitional